## **Advanced Gastroenterology**

10110 Molecular Drive, Suite 111 Rockville, MD 20850

Tel: 301-838-4224 Fax: 301-838-4244

# Ghanshyam Gupta, M.D. Margaux Gonzalez, PA-C

# **Endoscopy/ ERCP Preparation**

Your procedure is scheduled for:		arrive at		
		Date	Time	
	Advanced Surgery Center, LLC 10110 Molecular Drive, Suite 100 Rockville, MD 20850 (301) 838-0437		Shady Grove Adventist Hospital Out-Patient Surgery Center 9901 Medical Center Drive, Rockville, MD 20850 (240) 826-6000	

### Important notes:

\*Plan to be at the center for at least three (3) hours.

\*You must make arrangements for someone (over 18) to drive you home after the procedure. You will not be allowed to take a taxi, uber, or bus on your own.

#### **Medications:**

If you are taking:

- Blood Pressure medications: Are okay to continue. Please take 3 hours before your procedure.
- If you use an inhaler, please bring it to your appointment.

To ensure that any and all abnormalities can be seen clearly during the procedure, the upper GI tract must be empty before an endoscopy. Therefore, no eating or drinking is allowed for 10 hours before your procedure. If you are pregnant, please notify the doctor immediately.

**The Day Before Your Procedure:** You may continue your regular diet. After **12:00 am (Midnight)** Nothing to eat or drink (Not even water) until after your procedure.

**They Day of Your Procedure:** As soon as you wake up please continue fasting. **NO** gum, candy, liquids, etc.

#### Recovery:

After the endoscopy, expect to be kept in the recovery room for a short time, until most of the effects of the medication have worn off. Because you may not remember all the details explained during or after the procedure, please feel free to call the office if you have any questions or concerns.

\*If you are scheduled at the Advanced Surgery Center, please fill out and complete the packet that was given to you. If you need any assistance in filling out your paperwork, please call 301-838-4224 and a staff member will assist you in completing your forms.

#### Please note:

If you cancel or reschedule your procedure, a 48-hour notice is required, or you may be subject to a \$100 fee.